



About Lake Centre for Rehab

Lake Centre for Rehab (LCR) is a leader in providing individualized physical, occupational, and speech therapy services with locations in Lake, Sumter and Marion Counties. Family owned since 1978, our mission is simple — Returning you to a healthy, active lifestyle!

LCR is a Medicare-certified rehab agency and also accepts most insurances, workers' compensation, and private pay.

Hand Therapy Locations

Spanish Plaines

1400 US Highway. 441 N, Suite 830
The Villages, FL 32159
Phone: (352) 753-6999
Fax: (352) 259-0002

Lake Sumter Landing

910 Old Camp Road, Building 100
The Villages, FL 32162
Phone: (352) 259-6750
Fax: (352) 259-6780

Leesburg

600 North Boulevard, W, Suite D
Leesburg, FL 34748
Phone: (352) 728-6636
Fax (352) 728-1322

Highland Lakes

26540 Ace Avenue, Suite 110B
Leesburg, FL 34748
Phone: (352) 314-9810
Fax (352) 314-9878



HAND THERAPY



The art and science of evaluating and treating injuries and conditions of the upper extremity (shoulder, arm, elbow, forearm, wrist and hand).

Find us on the web
www.golcr.com

What is a Certified Hand Therapist (CHT)?

A CHT is an OT or a PT with at least five years of clinical experience and at least 4,000 treatment hours in upper extremity rehabilitation. They are required to pass a comprehensive national exam in order to use the credential of CHT. They are also required to re-certify through continuing education and practice hours every 5 years in order to keep their treatment skills current.



How can a CHT help me?

CHT's use their comprehensive knowledge of the hand, wrist, elbow, and shoulder to assess, plan, and treat pre/post-surgical upper extremity injuries. They combine their expert experience of functional activity and anatomy to provide therapeutic interventions to help prevent dysfunction and restore function after an injury so that individuals may fully participate in their lives..



*Knowledge and Experience to Manage the Recovery of
Complex Hand and Upper Extremity Injuries*

What kinds of diagnoses can CHT's treat?

- Arthritis of the Upper Extremity
- Carpal Tunnel
- Tendonitis
- Weakness
- CVA (Stroke)
- Shoulder Injuries
- Trauma
- Joint Replacement in the Upper Extremity
- Injuries Requiring Custom Fabricated Orthoses



*Hand Therapists also provide
Custom Splinting including:
design, fabrication, fitting, and
training*

How to Get Started

1. Talk to your doctor about your symptoms.
2. Ask for a Hand Therapy referral.
3. Ask your physician's office if they can fax an order for hand therapy to our scheduling department at (866) 882-3929.
4. Contact us to schedule an appointment.
5. Medicare and other major insurances accepted.